

Glengarry Skating Club QuickStart 2019 Schedule (as of Aug 17, 2019)

Wednesday, September 4, 2019 – Saturday, September 21, 2019

* - Please check the 'Dates to Remember' document for information on competitions, test days, ice cancellations, and other club functions

Skater Groupings:

Star Academy; must have completed Stage 3 of CanSkate, and be invited to join

Primary: Competing Star1-Star3 , or passed Stage 6 of CanSkate

Intermediate: Competing Star4-Star5, or passed Star 3 Freeskate Elements + Star 3 Freeskate Program + Star 3 Skills

Senior: Competing Star6-Gold, or passed 35 Skate Canada StarSkate tests

Development B: Member of the GSC Development Program and competing Star 1-3

Development A: Member of the GSC Development Program and competing Star 4+

	Star Academy		Primary StarSkate		Int & Sr StarSkate		Development B		Development A	
Monday Flood: 4:45pm-5:00pm	4:30pm-4:50pm 5:00pm-6:00pm	Grp Dryland Grp Clinic	5:00pm-5:20pm 5:20pm-6:00pm 6:00pm-6:15pm 6:30pm-7:00pm	Grp Clinic Freeskate Grp Dance/Skills Grp Dryland	No session		3:15pm-3:30pm 3:30pm-4:45pm 5:00pm-5:45pm	Grp On-Ice WU Freeskate Grp Dryland	3:15pm-3:30pm 3:30pm-4:45pm 5:00pm-5:45pm	Grp On-Ice WU Freeskate Grp Dryland
Tuesday Flood: 5:00pm-5:15pm	4:45pm-5:05pm 5:15pm-6:15pm	Grp Dryland Grp Clinic	5:15pm-5:35pm 5:35pm-6:15pm 6:15pm-6:30pm 6:45pm-7:15pm	Grp Clinic Freeskate Grp Dance/Skills Grp Dryland	3:30pm-3:40pm 3:40pm-4:25pm 4:25pm-4:40pm 4:40pm-5:00pm	Grp On-Ice WU Freeskate Grp Clinic Dance/Skills	5:15pm-5:35pm 5:35pm-6:15pm 6:15pm-6:30pm 6:45pm-7:15pm	Grp Clinic Freeskate Grp Dance/Skills Grp Dryland	3:30pm-3:40pm 3:40pm-4:25pm 4:25pm-4:40pm 4:40pm-5:00pm	Grp On-Ice WU Freeskate Grp Clinic Dance/Skills
Wednesday Flood: none	No session		No session		3:30pm-3:40pm 3:40pm-4:25pm 4:25pm-4:45pm 4:45pm-5:15pm 5:30pm-6:15pm	Grp On-Ice WU Freeskate Dance/Skills Grp Edge Class Grp Dryland	No session		3:30pm-3:40pm 3:40pm-4:25pm 4:25pm-4:45pm 4:45pm-5:15pm 5:30pm-6:15pm	Grp On-Ice WU Freeskate Dance/Skills Grp Edge Class Grp Dryland
Thursday Flood: 4:45pm-5:00pm	3:30pm-4:30pm 4:40pm-5:00pm	Grp Clinic Grp Dryland	3:30pm-3:50pm 3:50pm-4:30pm 4:30pm-4:45pm 5:00pm-5:30pm	Grp Clinic FreeSkate Grp Dance/Skills Grp Dryland	5:00pm-5:10pm 5:10pm-5:55pm 5:55pm-6:10pm 6:10pm-6:30pm	Grp On-Ice WU FreeSkate Grp Clinic Dance/Skills	3:30pm-3:50pm 3:50pm-4:30pm 4:30pm-4:45pm 5:00pm-5:30pm	Grp Clinic FreeSkate Grp Dance/Skills Grp Dryland	5:00pm-5:10pm 5:10pm-5:55pm 5:55pm-6:10pm 6:10pm-6:30pm	Grp On-Ice WU FreeSkate Grp Clinic Dance/Skills
Friday (A) Flood: none	No session		6:15am-6:35am 6:45am-8:00am	Grp Dryland FreeSkate	6:15am-6:35am 6:45am-8:00am	Grp Dryland FreeSkate	No session		No session	
Friday (B) Flood: none	No session		No session		No session		3:30pm-3:45pm 3:45pm-5:00pm 5:15pm-6:00pm	Grp On-Ice WU FreeSkate Grp Dryland	3:30pm-3:45pm 3:45pm-5:00pm 5:15pm-6:00pm	Grp On-Ice WU FreeSkate Grp Dryland
Saturday Flood: none	9:15am-9:35am 9:45am-10:45am	Grp Dryland Grp Clinic	9:35am-10:05am 10:15am-10:35am 10:35am-11:15am 11:15am-11:30am	Grp Dryland Grp Clinic FreeSkate Dance/Skills	10:20am-11:05am 11:15am-11:35am 11:35am-12:20pm 12:20pm-12:45pm	Grp Dryland Dance/Skills FreeSkate Grp Edge Class	9:35am-10:05am 10:15am-10:35am 10:35am-11:15am 11:15am-11:30am	Dryland Warmup Grp Clinic FreeSkate Dance/Skills	10:20am-11:05am 11:15am-11:35am 11:35am-12:20pm 12:20pm-12:45pm	Grp Dryland Dance/Skills FreeSkate Grp Edge Class